

Level Up! Whole Being Coaching PART 1

\$395.00

Strengthening your Core Competencies in coaching through a holistic, whole-being, whole-body, and Consciousness Perspective.

These asynchronous, self-study courses offer new perspectives for those coaches looking to level up in their practice. They invite coaches and their clients to look through different lenses for exploration and action. Learn Jean Gebser's 5 Structures of Consciousness: Mental, Mythical, Intuitive/Magic, Archaic, and Integral.

The courses are grounded in body awareness and reinforce the core competencies of coaching in unique new ways. An overview of the unique model and various approaches of the Mental and Mythical Structure of Consciousness have been presented in depth in Level Up! Whole Being Coaching — Part 1. Level Up! Whole Being Coaching — Part 2 begins with a brief description and demonstrations of the 3 remaining Structures of Consciousness: Intuitive/Magic, Archaic, and Integral.

Organization of Content

Each of the Structures of Consciousness starts with a faculty-led discussion of the Structure. Each Structure of Consciousness has 4-8 approaches or modules.

Each approach includes:

A card-like summary of the approach.

An overview of when to use, how to use, and the results for the approach.

Recordings of faculty demonstration followed by a student return demonstration.

Discussion between faculty and students about coaching core competencies.

A short quiz before moving on to the next module of the training.

Instructors:

Dr. Linda Bark and Heidi Ochtrup

Learning Outcome:

100% of learners will be able to correctly answer all module post-test questions demonstrating the core competencies in a variety of whole being coaching approaches that can be integrated into their current professional practice.

Completion Requirements

To complete each course, the student is required to do the following:

1. Watch all instructional videos and complete the quiz questions after each module. (All quiz questions must be answered correctly in order to move on to subsequent modules.)
2. Complete and submit evaluation of the course. (Participants will have two months to complete each course.)

Approval Information Nurse Contact Hours

This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Approval #1795. Expiration date 09/05/2025.

Approval for contact hours through the American Holistic Nurses Association is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.

International Coaching Federation (ICF)

ICF CCE hours pending approval.

Makeup Work

There is no Make-up work allowed for this course. Each module must be completed in order to receive a certificate of completion for nurse contact hours and or ICF CCE hours.

Costs, Cancellation, Non-Discrimination, and Conflict of Interest Policy

Costs: You are responsible for your own phone/device and internet access charges.

Cancellation Policy: All sales are final. No refunds on cancellations are allowed. This includes all payment plan arrangements. Courses may be postponed and credit held on account for future courses.

Non-Discrimination Policy: Wisdom of the Whole Coaching Academy, PA will not discriminate in its educational programs, activities, or employment practices, based on race, color, national origin, sex, sexual orientation, gender identity, disability, age, religion, ancestry, union membership, or any other legally protected classification. Announcement of this policy is in accordance with state and federal laws. Participants who have an inquiry or who need information about accommodations for persons with disabilities should contact Dr. Linda Bark at 510-864-2006.

Conflict and Financial Disclosure:

No one with the ability to control content of this activity has a relevant financial relationship(s) to disclose with an ineligible company.

Still have questions? Email for more information or assistance.